Family Trail

Gunnersbury Park in the Autumn & Winter
HI, WELCOME!

Thanks for downloading this Family Trail, designed to show you around the sights, sounds and smells of Gunnersbury’s historic park in the autumn and winter months.

This step-free trail works best on a mobile phone screen, and all you need is a sense of adventure!

Your route starts at the entrance to Gunnersbury Park Museum.
Ready? Let’s start!

A GARDEN WITH A HOUSE (OR TWO)

The house you’re standing in front of was lived in by the Rothschild family and they were CRAZY about their garden. They collected all kinds of exotic plants and trees, and grew some incredible fruits too.

But about 260 years ago, long before the Rothschilds, it was Princess Amelia - the daughter of King George II - who spent a fortune creating much of the park we still see today.

OVER £4 MILLION IN TODAY’S MONEY! (THAT WOULD BUY YOU MORE THAN 250 MILLION SMARTIES)

DIRECTIONS

TAKE A PAUSE ON THE TERRACE FOR ONE OF THE BEST VIEWS OF THE GARDEN.

MUSEUM
Princess Amelia’s Bath House

Having a bath house like this was a bit like a princess having an indoor swimming pool today. Inside there’s a changing room, a small bathing pool and walls that were covered in shells and pretty minerals.

This style was called a ‘Grotto’, meaning a small, picturesque cave.

Princess Amelia’s Bath House is sometimes open in the summer, but the photo below gives you a glimpse inside...

This water is freezing!

There’s no water in the pool these days, but this is how it might have looked. Well, ish...
IN THE GARDEN RIGHT NEXT TO THE BATH HOUSE, CAN YOU FIND..?

Except it’s not actually a rose at all, but a hellebore. Hellebores are one of the few flowers that grow in the darkest winter months, and this one might bloom before Christmas.

This tree, originally from China, is unusual because it works hard all through autumn and winter growing its flower cases ready for the following spring. Can you see them?

If it doesn’t get too cold in the meantime, come back in April or May to see the Foxglove Tree turn violet.

Under the soil, this type of hellebore is known for its poisonous black roots.
To get to the Orchard...

...follow the arrows on the map

A WALL ON BOTH SIDES

Notice that we’re surrounded by walls? It’s thought this was a path for gardeners to use without being seen by the families in the mansions.
Heritage Orchard

NOT ALL APPLE (OR PLUM OR PEAR) TREES ARE EQUAL

This orchard is saving fruit trees that were popular in the 1800s but which supermarkets don't like very much today. There are apple, plum, pear, peach, cherry, damson and gage trees.

Not only are they rare, but they have some cracking names...

Which fruit do you think matches each of the names below?

Peregrine
Feltham Beauty
Black Worcester
River’s Early Prolific
Hounslow Wonder
Shepherd’s Bullace
Knight’s Early Black
Jefferson Pixy

EACH TREE HAS A TAG YOU CAN CAREFULLY LOOK AT, OR ZOOM IN ON THE BOX BELOW FOR THE ANSWERS.
Just over the hedge is the Community Garden. Today it's looked after by volunteers but once upon a time it was the kitchen garden for the Small Mansion.

Here they'd be growing vegetables and herbs throughout the year, ready for the chefs in the kitchen to transform them into meals.

**Community Garden**
- **Carrots**
- **Brussels Sprouts**
- **Leeks**
- **Onions**
- ** Parsnips**
- **Cauliflower**
- **Brussels Sprouts**

**You’re the Chef**
What would you make with the winter ingredients from the kitchen garden?
How does it compare to your tea from last night?
Japanese Garden

The Japanese Garden was planted about 120 years ago after Leopold de Rothschild visited Italy and saw something similar. It had a series of water pools, exotic plants and even a bamboo bridge. If that’s hard to imagine, take a look at the postcard that was painted at the time.

Can you spot some of the plants and items that have survived?

Oakey-Dokey

Oak trees come in all kinds of shapes and sizes.

From autumn onwards, can you find humongous leaves on the ground from the Japanese Emperor Oak?

If there’s one on the ground, take it with you and find a Common oak tree leaf in the park to compare!
Gothic Follies

(from the French ‘FOLIE’, meaning ‘MADNESS!’ in English)

Have you spotted the ruined walls yet?
What do you think they once were?

AN ANCIENT CASTLE?
A GRAND OLD HOUSE?
Oooh, a secret base?!

Nope. All wrong, unless you said they were... a trick!
They were purposely built to look like old, fallen-down ruins just to be a bit more interesting than a plain wall.

HIDE AND SEEK

The walls were designed as a clever way to hide the kitchen garden and stables.

How would you have hidden something so big?

Gothic ruins and designs were all the rage in the early 1800s, thought to be more romantic and reminiscent of a better way of life.
To get to the Horseshoe Pond
...follow the arrows on the map

DINOSAUR TREE

Go to the junction in the path, but before turning left keep an eye out for the **Gingko trees** straight ahead.

They haven’t evolved or changed at all in 270 million years!

(T Rex is ‘only’ 66 million years old)

PEG YOUR NOSE!

Be warned, gingko seeds make quite a pong once on the ground
Yup, it’s not actually a horseshoe shape these days!

In Princess Amelia’s time, it was a full horseshoe. When the original house was demolished in 1800, the pond was split in two - one half for each of the two new mansions.

Later it was entirely filled in (there are rumours of it springing a leak...), and today half has been restored again and half left as a space for the trees to enjoy.
WHERE TO BUILD?
From here you get a great view back to the two mansions, both of which were built where they are to look over the gardens.

If you’d just bought the park, where would you have chosen to build a mansion?
What would it have looked like?

DID YOU KNOW?
The waterlilies are from the same nursery as those Monet put in his garden and painted: Latour-Marliac in France.

NEXT!
Walk just a few steps towards the Orangery...
How do you grow fruits and flowers that love hot weather in a (mostly) chilly Gunnersbury?

The Orangery is just one of what used to be many glasshouses in the gardens. Hot air would be trapped inside and create a mini-environment warm enough to trick exotic fruits and flowers into growing.

Which would you choose to grow?

- **Pomegranates**
- **Orchids**
- **Oranges**
- **Pineapples**
- **Figs**
- **Grapes**
- **Myrtles**
- **Peaches**

The pride and joy of the Rothschilds! At one point, 34 different species of orchids were being grown here.
ICE HOUSE MOUND

This one’s tricky to spot...

Under the small earth mound was the 1800s version of a giant freezer. It stored ice and snow collected from the gardens during the winter, ready for use in the kitchens to keep food fresh.

To get to the Round Pond...

...follow the arrows on the map

Keep an eye out for the Rose Baskets, originally designed by Hannah Rothschild in the 1850s or 1860s, with giant handles arching over the top.
The Round Pond has been here for hundreds of years, surrounded by trees and the perfect size for a rowing boat. It’s also a great home to all kinds of wildlife.

**ANY FLAMINGOS?**
They used to live here, promise! Look inside the museum to see an old photograph of a family of flamingos standing just here.

**THE TEMPLE**
The oldest building still standing at Gunnersbury Park.

How many different types of birds can you spot on and around the pond today?

- Ring-nosed Parakeet
- Grey Heron
- Mute swan
- Tufted duck
- Mallard (male)
- Rubber duck
- Mallard (male)
To get to the Play Sculptures and Café...

...follow the arrows on the map
What next?

QUICK QUIZ
Which flower has black roots?
Can you name four of the exotic fruits grown in Gunnersbury’s glasshouses?
What was the name of the oak tree with giant leaves?

PLAY SCULPTURES
Near the café is a series of wooden sculptures you’re very welcome to play on. They’re all based on objects from Gunnersbury Park Museum and carved from trees that fell naturally in the park.

WANT TO EXPLORE MORE?
There are other family trails to help explore Gunnersbury Park Museum, including the original items that inspired the play sculptures.
Go to visitgunnersbury.org to download them.

CAFÉ?
Time for a nice drink and a sit down?

SHARE YOUR PICS!
@Gunnersbury1  @Gunnersbury1  @gunnersburyparkmuseum

Trail designed and illustrated by Matt Belcher / mattbelcher.com
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